Periodontal disease of secondhand smoking patients

Arzu Beklen¹²*, Deniz Uckan³, Gulten Tsaos Memet⁴

From 11th Annual Conference of the International Society for the Prevention of Tobacco Induced Diseases (ISPTID)
Athens, Greece. 9-11 December 2013

Background
Our cross-sectional study investigated associations of cumulative exposure to secondhand smoke and duration of smoking cessation with periodontitis among family members. Furthermore the effects of other risk factors on these associations were analyzed as well.

Materials and methods
In total 109 patients were analyzed with their full mouth periodontal examination. The groups were divided as current second hand smokers, former second hand smokers and non-smokers. The associations between periodontitis occurrence and potential risk factors was analyzed using univariate and multivariate analysis.

Results
The results showed that the rates of periodontitis among nonsmokers, former second hand smokers, and current second hand smokers were 19.5%, 22.3%, 37.4% respectively. We then adjusted the other periodontal risk factors and we found that the odds ratio (95% confidence interval) for periodontitis was 2.12 for former second-hand smokers and 3.56 for current second hand smokers.

Conclusions
In summary, not only a significant dose-response relationship between pack-years of second hand smoking and periodontitis presence was observed, but also a significant decrease in the occurrence of periodontitis was observed in second hand smoke stopped group.

Acknowledgements
The authors declare no conflict of interests and thank their institutes for the support. The skilful technical help of Dr. Elif B. Barto is thankfully acknowledged.

Authors’ details
¹Department of Periodontology, Faculty of Dentistry, Osmangazi University, Eskisehir, 26480, Turkey. ²Institute of Biomedical Engineering, Bogazici University, Istanbul, 34684, Turkey. ³Medico-social Centre, Dental Clinic, Bogazici University, Istanbul, 34684, Turkey. ⁴Tepebasi Oral and Dental Health Hospital, Ankara, 06400, Turkey.

Published: 6 June 2014

doi:10.1186/1617-9625-12-S1-A11
Cite this article as: Beklen et al.: Periodontal disease of secondhand smoking patients. Tobacco Induced Diseases 2014 12(Suppl 1):A11.